

Monday

Tuesday

Wednesday

Thursday

Friday

Meat Choice

Chicken vegetable noodle stir-fry
Served with Vegetables
Or
Chicken Burger

Spring Vegetable Salmon
Peppers spring onions grain rice
Or
TU GO Pizza

Roast Chicken
Vegetables stuffing roast potato
Or
Popcorn Chicken

Chicken Spinach Curry
Served with vegetables long grain rice & nan bread
Or
Sausage roll

Breaded or Battered Chicken
Served with Peas or Salad & Chips
Or
Breaded Fish

Vegetarian Choice

Quorn Vegetable cottage pie
Served with vegetables & diced potato
Or
Jacket potato
Cheese & mixed salad

B.B.Q chicken
Mixed pepper peas in rice
Or
Jacket Potato
Mixed salad & coleslaw
Ham or Cheese

Cheese Carrot Quiche
Served with mixed salad potato spirals
Or
Jacket Potato
Cheese and Baked beans

Chickpea Vegetable curry
Served with mixed salad Long grain rice
Or
Jacket Potato
Mixed salad or coleslaw

Quorn Dog
In a bun with salad or coleslaw served with chips
Or
Jacket Potato
Mixed Salad
Cheese or Ham

Vegetables

Garden Peas & Carrots
Or
Salad /coleslaw
Cheese or Baked beans

Cauliflower & Garden Peas
Or
Salad/coleslaw
Cheese or baked beans

Broccoli & carrots
Or
Salad /coleslaw
Cheese or beans

Carrots & Garden peas
Or
Salad /coleslaw
Cheese or Beans

Garden Peas
Or
Salad /coleslaw
Cheese Or beans

Potato

Mixed salad or coleslaw
Potato Diced
Salad Cart
Selection of
Baguettes
Sandwich
Cold pasta salad
Wraps
Hot Pasta of The Day

Mixed salad or coleslaw
Potato Wedges
Salad Cart
Selection of
Baguettes
Sandwich
Cold pasta salad
Wraps
Hot Pasta of The Day

Mixed salad or vegetables
Roast Potato or Potato Spirals
Salad Cart
Selection of
Baguettes
Sandwich
Cold pasta salad
Wraps
Hot Pasta of The Day

Mixed salad or coleslaw
Diced Potato
Salad Cart
Selection of
Baguettes
Sandwich
Cold pasta salad
Wraps
Hot Pasta of The Day

Chipped Potato
Selection of
Baguettes
Sandwich
Cold pasta salad
Wraps

Pudding

Mixed Fruit Crumble & Custard
Or
Jelly / Fruit /mousse

Carrot Cake
Or
Jelly / Fruit /mousse

Ice cream & Fruit Sauce
Or
jelly / Fruit / mousse

Strawberry Short Crumble
Or
Jelly / Fruit

Apricot cinnamon cake
Or
Fruit / Selection of puddings