

Monday

Tuesday

Wednesday

Thursday

Friday

Meat Choice

Beef Lasagne
Or
Chicken Burger

Chicken Tagine
Or
Tu Go Pizza

Roast Pork with Stuffing
Or
Chicken Popcorn

Pancakes
Strawberry Jelly
Fruit

Breaded Chicken
Or
Breaded Fish
Or
Chicken and Ham Pie

Vegetarian Choice

Sweet potato Thyme &
Leek Frittata
Or
Cheese Onion Pasties
Or
Jacket Potato

Butternut Squash &
Spicy Tomato Ragu
Or
Jacket Potato

Quorn Root Vegetable Cottage
pie
Or
Pasta King
Or
Jacket potato

Autumn Vegetable & Chickpea
Curry
Or
Jacket Potato
Or
Veggie Burger

Quorn battered Sausage
Or
Jacket Potato

Vegetables

Carrots & Sweetcorn
Or
Cheese or Beans

Cauliflower & Peas
Or
Cheese or Beans

Broccoli & Carrots
Or
Cheese or beans

Peas & Sweetcorn
Or
Cheese or beans

Garden Peas
Or
Cheese Or beans

Potato

Pasta
Diced Potato
Selection of
Baguettes
Sandwich
Cold pasta salad
Wraps
Pasta King Daily in the dining room
Salad Bar in the dining room

Wholegrain Rice
Potato Wedges
Selection of
Baguettes
Sandwich
Cold pasta salad
Wraps
Pasta King Daily in the dining room
Salad Bar in the dining room

Roast Potato
Potato Spirals
Selection of
Baguettes
Sandwich
Cold pasta salad
Wraps
Pasta King Daily in the dining room
Salad Bar in the dining room

Linguine Pasta
Diced Potato
Selection of
Baguettes
Sandwich
Cold pasta salad
Wraps
Pasta King Daily in the dining room
Salad Bar in the dining room

Chipped Potato

Selection of
Baguettes
Sandwich
Cold pasta salad
Wraps

Pudding

Autumn Fruit crumble
Jelly
Fruit

Chocolate Bread Pudding
Fruit

Pancakes
Strawberry Jelly
Fruit

Eve's Pudding & Custard
Fruit Jelly
Fruit

Gingerbread Cake
Selection of Deserts
Fruit